



MENZSHED[®]
NEW ZEALAND

RICCARTON PARK MENZ SHED

**181 Racecourse Road, Sockburn
Christchurch**

OPEN TUESDAYS AND THURSDAYS 1-4PM

Are you interested in becoming a member of the Riccarton Park Menz Shed? Come along to the shed during open hours or contact Stewart.

Email: riccartonparkmenzshed@gmail.com or

Phone 0272295748

WHAT IS A MENZ SHED?

A Menzshed brings men together in one community space to share skills, have a laugh, and work on practical tasks individually (personal projects) or as a group (for the shed or community).

The Riccarton Menz Shed provides:

- An environment for men to gather, socialise and share practical skills.
- A premises for men to carry out projects in an atmosphere that supports and encourages the sharing of experiences and working in harmony.
- A space that respects the cultural diversity of its people and community and encourages participation from all nationalities.
- A space that promotes the health and wellbeing of men.